

# Where Everyone Sticks Together

WE  
ST

An OnSide Youth Zone

- ▶ **Job Role:** Health & Wellbeing Youth Worker
- ▶ **Location:** WEST Youth Zone, 2 EdCity Walk, London W12 7TF
- ▶ **Contract:** up to 13.5 hours  
(Wednesday Thursday Friday & Saturday)
- ▶ **Reporting to:** Health & Wellness Coordinator





OPENED APRIL  
2024

£5

£5 ANNUAL  
MEMBERSHIP



50P ENTRY

£1

BITE CITY HOT  
MEAL

2000+

OVER 2000  
MEMBERS

## ABOUT WEST

Hammersmith & Fulham (H&F) is a London Borough of wide disparities, with an acute need for youth services. This vast difference between those living in different parts of our borough can lead to radically different life outcomes. **WEST Youth Zone is a vital provision** that will make a huge impact on the lives of young people, and on the whole borough, levelling the playing field for our young people.

"WEST" Youth Zone, named **Where Everyone Sticks Together** by local young people, opened on April this year. At WEST, we believe all young people in West London should have the opportunity to discover their passion and their purpose and be able to explore where it can take them.

Our Youth Zone is a purpose-built space fizzing with energy and crammed with incredible facilities. **Staffed by talented, skilled and dedicated youth workers** who truly believe in young people, helping them see what they could achieve, and giving them the skills, confidence and ambition to go for it.

Open 7 days a week, while schools are closed - that's evenings and weekends, plus all through the school holidays. We offer a **safe and active space for young people** to flourish in their leisure time, where their interests can be nurtured, and they can grow as individuals. This is a charity that the whole community can be proud of, and you can be part of that journey.

We give 8 to 19-year-olds, (and up to 25 for young people with additional needs) affordable access to a broad range of sport, arts and mental health support, and employability services, designed to **empower them to lead healthier, positive and more active lives** – raising their aspirations for themselves and their community.





# THE ROLE

The Health & Wellness offer at WEST is wide-ranging and includes hair, makeup, skincare, health and wellness. As a member of the Health & Wellness Team, you will be key in ensuring young people have access to an exciting and creative wellness programmes that will be challenging, stimulating, fun, engaging and developmental. You will be involved in teaching the fundamentals of a single, or range of activities around health, wellness and beauty, enabling young people to explore their creativity and grow their skills. Within the health & wellness team, we are looking for a range of talented wellbeing youth workers with a diverse set of skills and expertise, who are also passionate about working with young people. Ideally, you will have experience delivering one or more of the following arts:

- ▶ Makeup, Skincare and Nails, Fashion, sewing, crocheting and expressive art and design
- ▶ Wellbeing and Health Workshops
- ▶ Personal Youth Development
- ▶ Any style of Hair, Makeup and nails including but not limited to Classic Hairstyles, Braiding and protective styles (Locs and Bantu Knots) and Creative and trendy styles. Natural and Glamour Makeup and artistic/creative styles. Natural nails or extensions, Biab or Bio Sculpture and press ons.

Please note that to be successful, you do not need to be proficient in every area of the type of beauty, we are interested in seeing the skills and experience you can bring to WEST! Youth workers plan and deliver high quality youth work that supports young people in their personal, social and educational development. The role will require you to assist with Juniors (8 - 12 yrs) and/or Seniors (13 - 19 yrs) and/or Beyond (members with additional needs up to 25 yrs).

# CORE RESPONSIBILITIES

- Together with the Junior Club Manager, Senior Club Manager and our Health & Wellness Coordinator, develop and implement an health & wellbeing programme that is exciting, challenging and ever- changing.
- To deliver activities to young people ranging from Makeup, skincare, nails and healthy wellbeing such as mental health awareness, life skills, body confidence, self-care, social wellbeing, mental & emotional wellbeing and physical health activities
- To listen to young people's ideas and create a seasonal health & wellness programme.
- To work directly with young people to develop their social skills. The role is 100% face to face delivery with young people.
- To directly deliver a high-quality programme of activity that is exciting, safe, varied, innovative, developmental and directly responds to the diverse needs, concerns and interests of our members.
- To have great energy to establish positive relationships with young people and the wider youth work team and visitors to the Youth Zone.
- To respond to the needs of the young people through activities and project work.
- To support and motivate volunteer youth workers.
- To work flexibly to ensure the needs of the members are met, including disadvantaged young people and those with disabilities or additional needs.
- To ensure that the members maintain a high standard of behaviour and discipline during sessions by making the area a hub of activity and fun.
- To ensure the participation of young people in activities and that their ideas contribute fully in the delivery of activities in a safe way.

## CORE RESPONSIBILITIES CONT.

- To encourage attendance and participation in health & wellbeing activities, particularly by young people who do not usually participate.
- To assist with any promotional activities and visits that take place at WEST Youth Zone. To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership.
- To promote and safeguard the welfare of young people at all times .
- To be able to think on your feet and deliver an activity with minimal equipment and to be resourceful.
- Ability to enthuse others including core staff, youth workers, volunteers, and young people.
- To make the environment fun and the place young people want to be.
- To be an active member of the team and operate in line with the values and principles of WEST Youth Zone.
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Child Protection Officers using the safeguarding policies, procedures and practice (training to be provided).
- Comply with all policies, procedures, and codes of conduct, with particular reference to Safeguarding, Health & Safety, and Equality and Diversity.
- Carry out any other duties and admin as requested by management.



**PUNCTUAL &  
RELIABLE**



**ENTHUSIASTIC &  
CHEERFUL**



**POSITIVE ROLE  
MODEL TO  
YOUNG PEOPLE**





<b>SELECTION CRITERIA EXPERIENCE</b>	<b>REQUIREMENT</b>
Experience of working with groups of young people aged 8 to 19, or up to aged 25 with a disability.	Essential
Experience of delivering Beauty, Health & Wellness sessions such as mental & emotional health, social wellbeing and self-care & body confidence to young people	Essential
Experience of team working and working alongside volunteers.	Essential
Experience in one or more beauty/wellbeing treatment.	Essential
Experience of delivering events / displays	Desirable
Experience of working with young people from diverse backgrounds and with challenging needs	Desirable
Level 2 Beauty qualification or equivalent	Desirable
<b>SKILLS, KNOWLEDGE AND ATTRIBUTES</b>	<b>REQUIREMENT</b>
Ability to deliver high quality health & wellbeing programmes with young people who face social exclusion, disadvantage and disaffection and manage such a group.	Essential
Able to work as part of a team and under own initiative.	Essential
Able to plan and evaluate the programme of activities, including production of session plans and evaluations.	Essential
Able to communicate effectively with young people, parents, team members and members of the public.	Essential
Ability to engage and build positive relationships with young people including disengaged and disadvantaged young people.	Essential
Knowledge of health and safety, diversity awareness and safeguarding best practice	Essential
Excellent timekeeper	Essential
A willingness to work unsociable hours when required	Essential
Flexible and a willingness to cover events, holidays and staff absence	Essential
Satisfactory DBS clearance and committed to safeguarding children	Essential
Understand the principles of working with young people, the issues affecting their lives and knowledge of their needs	Essential
Basic knowledge of beauty and health & wellbeing pathways	Essential

## BENEFITS



FREE GYM ACCESS



DIVERSE TEAM



WORKPLACE PENSION



33 DAYS LEAVE  
(PRO-RATA)



TRAINING AND  
DEVELOPMENT  
OPPORTUNITIES

## APPLICATION PROCESS

- To apply, send your **CV and application form** to [recruitment@westyouthzone.org](mailto:recruitment@westyouthzone.org) Interviews will be ongoing and applications will close once an offer of employment is made. WEST Youth Zone are committed to
- safeguarding and promoting the welfare of children, young people, and vulnerable groups. This post is subject to an Enhanced DBS check.





# OUR VALUES



An **OnSide** Youth Zone



## YOUNG PEOPLE FIRST

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

## EXCELLENCE

We encourage ourselves and each other to be the best we can be through continuous learning and improvement, and a focus on finding solutions.



## RESPECT

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



## AMBITION

We are passionate and driven in taking on new challenges, embracing new ideas and exceeding our ambitions for young people, the Youth Zones and our local communities.

## COLLABORATION

We create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.

