

**Where
Everyone
Sticks
Together**



**GYM
YOUTH
WORKER**

WEST

An **OnSide** Youth Zone



WEST YOUTH ZONE

2 EDCITY WALK LONDON, W12 7TF

REGISTERED CHARITY NUMBER: 1125893

ABOUT US

Hammersmith & Fulham is a neighbourhood of wide disparities, with an acute need for youth services. The north of the borough comprises many neighbourhoods in the 20% most deprived neighbourhoods in the UK, whereas in the south, many are in the least deprived. This vast difference between those living in different parts of our borough is hugely unfair and can lead to radically different life outcomes. WEST Youth Zone is a vital provision that will make a huge difference to the lives of young people, and to the whole borough, levelling the playing field for our young people.

Construction of Hammersmith & Fulham's Youth Zone, named "WEST" by local young people, is due to be completed at the end of 2023 and open in spring 2024 as the fourth OnSide Youth Zone in London. At WEST, we believe all young people in Hammersmith & Fulham should have the opportunity to discover their passion and their purpose. To find out what they've got and where it could take them. Our Youth Zone will be a purpose-built space fizzing with energy and crammed with incredible facilities. It will be staffed by skilled and dedicated youth workers who truly believe in young people in the city – helping them see what they could achieve, and giving them the skills, confidence and ambition to go for it.

Once open, we will deliver life-changing support to help thousands of young people from a diverse range of backgrounds to thrive.

Open 37 hours a week, 7 days a week, while schools are closed - that's evenings and weekends, plus all through the school holidays. We will offer a safe and active space for young people to flourish in their leisure time, where their interests can be nurtured, and they can grow as Individuals. Averaging 1,000 visits per week this is a charity that the whole community can be proud of, and you can be part of that journey.

Entry will be just 50p each visit and annual membership £5 which will give a young person access to over 20 activities per night. In addition to our open-access provision we will run targeted projects that bring specific outcomes to some of those most in need of additional support and interventions.

WEST Youth Zone will operate a proven OnSide model of youth service provision that is aligned to community needs and supported by cross-sector funding.

We give 8 –19 year-olds, (and up to 25 for young people with additional needs) affordable access to a broad range of sport, arts and employability services, designed to empower them to lead healthier, positive and more active lives – raising their aspirations for themselves and their community.

The facilities will be second to none, delivering sporting, artistic, cultural and general recreational activities each session. The outstanding quality of the facilities is a concrete demonstration of the belief that the young people of our community deserve the best.

GYM YOUTH WORKER - PART TIME

THE ROLE

The Gym facility at WEST is a state of the art fully equipped facility designed to encourage young people to learn how to use the equipment safely and responsibly and to embed a culture of fitness and training with a focus on physical health and wellbeing.

We are looking for gym instructors who have a passion for training young people to achieve their fitness goals or to introduce young people to different types of work outs available with the gym equipment on offer.

As a member of WEST's Sports Team you will be key in ensuring young people have access to an exciting gym programme that will be challenging, stimulating, fun, engaging and developmental.

You will be involved in facilitating taster sessions, competitions and challenges, which promotes engagement, skills and fitness levels.

You will hold a relevant qualification (personal training Level 2).

HOURS: Part time – Saturday (Seniors) and Sunday (Just For Girls*)

*Just for Girls youth worker must be female

SALARY: £13:15 per hour

BENEFITS: 33 days holiday inclusive of bank holidays (pro-rata for part time staff); free gym access (prior to sessions); access to OnSide's Talent Academy; bespoke training and mentoring.



GYM YOUTH WORKER – KEY RESPONSIBILITIES

REPORTING TO SESSION CLUB MANAGER & SPORTS COORDINATOR

- To become part of a forward thinking, innovative and motivated team and assist with the delivery of all aspects of the youth zone sessions with young people.
- To work well in a team bringing fresh skills & ideas to the current offer.
- To motivate, encourage and support young people to try activities and participate fully in sessions.
- To support volunteers on sessions, coaching them to achieve their full potential within their given roles
- To deal with any problems that arise during Youth Zone sessions
- Develop and maintain a professional relationship with the young people who attend WEST Youth Zone.
- Understand the needs of WEST Youth Zone and communicate them in a clear, consistent way to the young people, parents and guardians.
- Work within the performance framework of WEST Youth Zone and OnSide.
- Represent WEST Youth Zone positively and effectively in all dealings with internal colleagues, and external partners;
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Child Protection Officers using the safeguarding policies, procedures and practice (training to be provided)
- To assist with any promotional activities and visits that take place at the Youth Zone.
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership;
- To adhere to WEST Youth Zone mission and deliver high quality youth work that supports young people in their personal, social and educational development.
- Comply with all policies, procedures, and codes of conduct, with particular reference to Safeguarding, Health & Safety, and Equality and Diversity.
- Any other duties that may be required

GYM YOUTH WORKER - CRITERIA

ESSENTIAL:

- Relevant Qualification – Personal Training Level 2
- Experience of face-to-face activity delivery working with groups of young people
- Strong experience in one or more sports discipline
- Experience of working with young people from diverse backgrounds and with challenging needs
- Ability to deliver a wide range of high-quality sports programmes or activity sessions with young people
- Knowledge of health and safety, diversity awareness and safeguarding best practice
- Ability to plan and evaluate programs of activity including production of session plans and evaluations
- Ability to work part of a team
- Understanding of the principles of working with young people
- Ability to engage and build positive relationships with young people
- Ability to communicate effectively with young people, parents, team members and members of the public
- Excellent organisational, communication and interpersonal skills
- Ability to work on own initiative and as part of a team
- Excellent timekeeper
- A willingness to work unsociable hours when required
- Flexible and a willingness to cover events, holidays and staff absence
- Satisfactory DBS clearance and committed to safeguarding children

DESIRABLE:

- Experience of working with young people with additional needs
- Additional Level 1 NGB Sports Coaching Qualification
- Introduction to Youth Work or Youth and Community Work Level 1
- Ability to dynamic risk assess





WE REVIEW APPLICATIONS ON A ROLLING BASIS AND RESERVE THE RIGHT TO CLOSE THIS ROLE EARLY.

WEST Youth Zone are committed to safeguarding and promoting the welfare of children, young people, and vulnerable groups. This post is subject to an Enhanced DBS check.

The strength of the OnSide Network of Youth Zone is the diversity of its people, we place huge value on different people doing things in different ways and we welcome applications from what might be considered non-traditional backgrounds. The one thing we all have in common is our desire to raise the aspirations of young people across the country. We are an equal opportunity employer